

# "On-River" Gear List

<b>THIS IS THE "ON-THE-RIVER" GEAR LIST, YOU MAY BRING EXTRA STUFF WHICH CAN BE LEFT AT THE VEHICLE WHILE ON THE RIVER.</b>			
<b>PACK EVERYTHING IN ZIPLOCK BAGS TO KEEP THINGS DRY</b>			
<b>WE WILL BE CARRYING ALL OUR GEAR IN THE CANOES, PACK LIGHT, THINK DRY !!!!!</b>			
			
<b>Clothing:</b>		<b>First Aid Kit:</b>	
2 sets of clothing (one to wear, one that's dry)		bandaids	
(polypro tshirt, shorts, water shoes or strap-on sandals)		over-the-counter meds as needed e.g. tylenol, rolaids, ibeuprophen	
long sleeved fleece shirt or sweatshirt		meds (Rx to be given to Troop Leader)	
long underwear pants (for sleeping or cool days)		Sun Block	
long underwear shirt (for sleeping or cool days)		lip balm	
nylon wind suit (jacket w/hood and long pants)		3x3 gauze pads, 2 ea	
poncho (lightweight, plastic, disposable)		bug dope (35% - 50% deet is recommended, non aerosol)	
2 pr extra socks (you may take more if you want)		also consider using permethrin to treat clothing.*	
camp shoes (sandals or mocs)			
head net for protection from bugs			
hat			
		<b>Toilet Kit:</b>	
<b>Camp Gear:</b>		APP (toilet paper)	
plastic spoons, 2		trowel, plastic (for digging cat hole)	
small pot or cup to cook in and eat from		Hand Soap	
bear bag (a bag big enough to store your food in)		Toothbrush	
slpg bag in stuff sack (stuff sac used as pillow or bear bag)		Baking Soda or toothpaste	
slpg pad (consider 3/4 length, closed cell type)		wash cloth, 1	
ground cloth, 9x12, 1 mil (supplied by Troop)		handtowel, 1	
headlamp or flashlight (2AA bateries max)		comb	
Stove (supplied by Troop)			
Fuel (supplied by Troop)		<b>Survival Kit:</b>	
2 qt water container or equivalent		space blanket	
tent (supplied by Troop)		matches	
Ziplock bag for garbage		fire starter or candle	
		dental floss	
<b>Optional:</b>		pocket knife	
Camera		25' para cord or rope (for hoisting your food/gear)	
Extra film		tinder bundle, in ziplock bag	
Fishing pole and tackle (fishing licence)		Duct tape (6 foot piece wrapped around	
<b>Food list:</b>		water bottle, walking stick or piece of cardboard)	
All food will be supplied by Troop			
Keep extra personal food to a minimum			
<b>Other non-essential items are just extra weight and should be avoided.</b>			
<b>Absolutely NO ELECTRONIC DEVICES, ie, cd players, walkie-talkies, game boys, etc.</b>			
<b>For additional protection against wet weather pack things in zip-lock bags</b>			
<b>Pack a travel bag to leave at base camp with all your extra gear.</b>			
<b>Food, stoves, fuel, water filtration devices are provided by Troop.</b>			
*Permethrin can be used to treat clothing to repel insects. The treatment should be made prior to leaving on the trip and will last for up to two weeks. Read label for additional details.			
<b>The bottoms of the canoes will get wet. ALL gear must be packed in a WATERPROOF container!</b>			